

# Has your supermarket delivered fruit or veg from ארץ ישראל?



## Before eating, you must take מעשרות and תרומות.

The Federation's MaaserText service can help!

### How to use:

- 1 **PREPARING THE FOOD** Separate slightly more than 1% of the edible part of the produce. Each type of food (eg avocados, potatoes) needs to be *maasered* separately. **WARNING** – ensure you don't separate less than the required amount.
- 2 Text 'MAASER' to 07476 554 613 to receive one-off permission to use the Federation's coin. Text again each time that you repeat the separating procedure.
- 3 **DECLARATION** Upon receiving confirmation from MaaserText, make the following declaration:



“כָּל הַהֶפְרָשׁוֹת שֶׁל תְּרוּמוֹת וּמַעֲשֵׂרוֹת וְחֻלּוּלֵי מַעֲשֵׂר שְׁנִי וְרִבְעִי  
וְחֻלוּ בְּזֶה כְּדָת כְּמוֹ שֶׁכְּתוּב בְּנִסְחַ שֶׁל בֵּית הַדִּין שֶׁל הַפְּדֻרִישׁ  
וְלִפֵּי הַתְּנָאִים שֶׁל בֵּית הַדִּין.”

*“I hereby designate the required Terumos and Maasros, according to the Federation Beis Din's nusach, and I hereby redeem any Maaser Sheni and Revai onto the coin that has been set aside for this by the Federation Beis Din in accordance with the Beis Din's nusach, and the terms of usage of the coin.”*

- 4 The small amount of food separated, which is now Teruma and Terumas Maaser, should be well wrapped and thrown away. The rest of the produce may now be eaten.

תרומות and מעשרות may not be separated on Shabbos or Yom Tov. Separating מעשרות and תרומות does not alter any Shemitta-related restrictions. Please visit [www.federation.org.uk](http://www.federation.org.uk) for an up-to-date list of produce which has Shemitta restrictions.

For more detailed instructions visit [www.federation.org.uk](http://www.federation.org.uk)

or email [maasertext@federation.org.uk](mailto:maasertext@federation.org.uk)

For questions or further information text ShailaText on **07403 939 613**

MaaserText operates in conjunction with Keren Hamaasros of England

 **maasertext**  
TEXT MAASER TO 07476 554 613

לע"נ ר' שלמה דוד בן ר' משה וינגרטן ז"ל